

Arbonne Smart Nutritional Hybrids™ Women's MultiVitamin Tablet

NOT-50-BASIC(S)

BEYOND BASICS

ANTI-AGING

BABY

BALANCE

AROMATHERAPY

ABOUT FACE COLOR

WEIGHT LOSS & NUTRITION



Core vitamins plus the proprietary Arbonne Women's Gender-Specific Blend™ that combines botanicals known to support women's health*.

WHEN TO USE:

Take in the morning with the rest of the supplements in the a.m. Power Pack, and again in the evening with the other supplements in your p.m. Power Pack.

DIRECTIONS:

As a dietary supplement, take a.m. Power Packet in the morning with 8 ounces of water. Take the p.m. Power Pack in the evening with 8 ounces of water.

SUPPLEMENT

Vitamin A
Vitamin D
Vitamin E
Vitamin K
Thiamin
Riboflavin
Niacin
Vitamin B6
Vitamin B12
Vitamin B5
Folate
Vitamin C
Biotin
Mixed Tocopherols
Gamma-Tocopherol
Lutein
Lycopene
Di-Calcium Phosphate
Black Pepper

SOURCE

beta-carotene
ergocalciferol
d-alpha tocopheryl succinate
phytonadione
thiamin HCl
riboflavin
niacinamide
pyridoxine HCl
cyanocobalamin
d-calcium pantothenate
folic acid
ascorbic acid
biotin
d-alpha and non-alpha tocopherols
d-alpha tocopherol and d-delta tocopherol
marigold petal
tomato
calcium phosphate
black pepper

Arbonne Women's Gender-Specific Blend™

Cranberry
Eleuthero Root
Black Cohosh
Andrographis
Crosopvidone
Flax Lignans

cranberry juice
siberian ginseng root and rhizomes
cimicifuga racemosa
andrographis paniculata leaf
science
flax seed

Supplement Facts 2 tablets contain:

	AMOUNT	% DAILY VALUE
Vitamin A	10,000 IU	200
Vitamin D	600 IU	150
Vitamin E	100 IU	416
Vitamin K	.12 mg	150
Thiamin	15 mg	1000
Riboflavin	15 mg	882
Niacin	25 mg	126
Vitamin B6	25 mg	1250
Vitamin B12	100 mcg	1666
Vitamin B5	50 mg	500
Folate	600 mcg	150
Vitamin C (ascorbic acid)	150 mg	250
Biotin	400 mcg	134
Mixed Tocopherols	25 IU	**
Gamma-Tocopherol	25 mg	**
Lutein	6 mg	**
Lycopene	1000 mcg	**
Di-Calcium Phosphate	89.60 mg	**
Black Pepper	5 mg	**

Arbonne Women's Gender-Specific Blend™

452 mg

Cranberry **
Eleuthero Root **
Black Cohosh **
Andrographis **
Crosopvidone **
Flax Lignans **

** Daily Value not established

HERB FUNCTIONS:

Andrographis – An ancient medicinal herb, has been used for centuries to treat upper respiratory infections and a variety of other chronic and infectious diseases.¹
Cranberry – Has been used for hundreds of years to help maintain a healthy urinary tract.²
Black Cohosh – Support for menopausal symptoms.³
Flax Lignans – Research shows flax lignans may offer health benefits for bone health, breast health, and reducing symptoms of menopause, heart health, hair loss, acne and inflammation.⁴
Ginseng (Eleuthero Root) – An adaptogen, which may increase the body's ability to tolerate stressful situations. Commonly taken to increase energy, enhance physical performance and to prolong life.¹

REFERENCES:

1. Prescription for Herbal Healing, Phyllis A. Balch, CNC
2. "Supplement Watch", Web site, various authors
3. Encyclopedia of Natural Medicine, M. Murry, N.D., J.Pizzorno, N.D.
4. "Flax Lignan Information Bureau", Web site, various authors

People with known medical conditions should consult with a physician prior to taking supplements.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Arbonne Smart Nutritional Hybrids™ Women's MultiMineral Tablet

NOT-50-BASIC(S)

BEYOND BASICS

ANTI-AGING

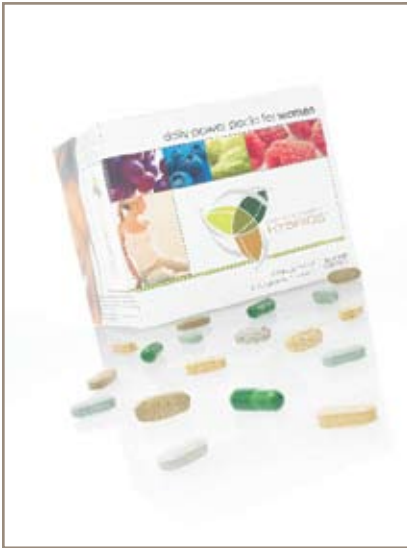
BABY

BALANCE

AROMATHERAPY

ABOUT FACE COLOR

WEIGHT LOSS & NUTRITION



Core essential minerals that provide a foundation for good health*.

WHEN TO USE:

Take in the morning with the rest of the supplements in the a.m. Power Pack, and again in the evening with the other supplements in your p.m. Power Pack.

DIRECTIONS:

As a dietary supplement, take a.m. Power Packet in the morning with 8 ounces of water. Take the p.m. Power Pack in the evening with 8 ounces of water.

SUPPLEMENT	SOURCE
Vitamin D	ergocalciferol
Calcium	calcium carbonate
Magnesium	oxide
Iodine	kelp
Zinc	citrate
Selenium	proteinate
Copper	citrate
Manganese	citrate
Chromium	nicotinate
Molybdenum	citrate
Potassium	citrate
Boron	citrate
Vanadium	bis-maltolato oxo vanadium
Horsetail	horsetail extract
Aquaminn Trace Mineral Complex	plant
Methylsulfonylmethane	methylsulfonylmethane

Supplement Facts
2 tablets contain:

	AMOUNT:	%DAILY VALUE
Vitamin D	200 IU	50
Calcium	585 mg	60
Magnesium	100 mg	26
Iodine	262.5 mcg	174
Zinc	15 mg	100
Selenium	200 mcg	286
Copper	2 mg	100
Manganese	2 mg	100
Chromium	250 mcg	208
Molybdenum	75 mcg	100
Potassium	75 mg	2
Boron	3 mg	**
Vanadium	100 mcg	**
Horsetail	12.5 mg	**
Aquaminn Trace Mineral Complex	50 mg	**
Methylsulfonylmethane	50 mg	**

** Daily Value not established

People with known medical conditions should consult with a physician prior to taking supplements.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Arbonne Smart Nutritional Hybrids™ Super Food Antioxidant Tablet

NOT-50-BASIC(S)

BEYOND BASICS

ANTI-AGING

BABY

BALANCE

AROMATHERAPY

ABOUT FACE COLOR

WEIGHT LOSS & NUTRITION



For antioxidant protection from oxidative and free radical damage, Arbonne's Super ProFood Blend™ combines whole fruit and vegetable concentrates and extracts that provide beneficial phytonutrients. This super antioxidant blend has an ORAC value of 8,000 units per day.

WHEN TO USE:

Take in the morning with the rest of the supplements in the a.m. Power Pack, and again in the evening with the other supplements in your p.m. Power Pack.

DIRECTIONS:

As a dietary supplement, take your a.m. Power Pack in the morning, with 8 ounces of water and your p.m. Hybrid Power Pack in the evening with another 8 ounces of water.

SUPPLEMENT

Arbonne's Super ProFood Blend™
Broccoli
Parsley
Kale
Boysenberry
Pumpkin Seed
Raspberry Seed
Grape Skin
Blueberry
Elderberry
Apple Skin
Citrus Bioflavonoids Complex
Pumpkin Fruit
Pomegranate Fruit
Red Bell Pepper
Tomato
Cranberry

SOURCE

broccoli sprout
parsley leaf
kale leaf
boysenberry fruit
pumpkin seed
raspberry seed
grape skin
blueberry fruit
elderberry fruit
apple skin
citrus pulp and peel
pumpkin fruit
pomegranate fruit
red bell pepper fruit
tomato fruit
cranberry fruit

High ORAC Complex
Green Tea
Quercetin
Rosemary
Grape Seed

green tea leaf
quercetin
rosmarinus officinalis
grape seed

Supplement Facts 2 Tablets Contain:

	AMOUNT	% DAILY VALUE
Arbonne's Super ProFood Blend™	850 mg	**
Broccoli		**
Parsley		**
Kale		**
Boysenberry		**
Pumpkin Seed		**
Raspberry Seed		**
Grape Skin		**
Blueberry		**
Elderberry		**
Apple Skin		**
Citrus Bioflavonoids Complex		**
Pumpkin Fruit		**
Pomegranate Fruit		**
Red Bell Pepper		**
Tomato		**
Cranberry		**
High ORAC Complex	800 mg	**
Green Tea		**
Quercetin		**
Rosemary		**
Grape Seed		**

** Daily Value not established

HERB FUNCTIONS:

Elderberry – An herb containing compounds active against flu viruses.¹

Grape seed - Powerful antioxidant, anti-inflammatory.²

Green Tea – Aids in thermogenesis and promotes fat oxidation.³ Contains catechins, noted for its powerful antioxidant properties.⁴

REFERENCES:

1. [The Green Pharmacy](#), J.Duke, Ph.D.
2. [Prescription for Herbal Healing](#), Phyllis A. Balch, CNC
3. [American Journal of Clinical Nutrition](#) 1999; 70:1040-5
4. [The Healing Power of Herbs](#), Murry, M.T., N.D.

People with known medical conditions should consult with a physician prior to taking supplements.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Arbonne Smart Nutritional Hybrids™ Digestive Enzyme Capsule



For optimal digestion, the Digestive Enzyme Capsule contains our Essential Enzyme Blend™, which is a broad-spectrum blend that supports more extensive digestion of carbohydrates, fats, proteins, lactose and other dietary components.

WHEN TO USE:

Take in the morning with the rest of the supplements in the a.m. Power Pack, and again in the evening with the other supplements in your p.m. Power Pack.

DIRECTIONS:

As a dietary supplement, take a.m. Power Pack in the morning with 8 ounces of water. Take the p.m. Power Pack in the evening with 8 ounces of water.

SUPPLEMENT

Arbonne's Essential Enzyme Blend™

Protease
Peptidase
Amylase
Lipase
Lactase
Cellulase
Hemicellulase
Alpha-galactosidase
Glucoamylase
Pectinase
Invertase
Malt Diastase
Phytase

SOURCE

Plant
Plant
Plant
Plant
Plant
Plant
Plant
Plant
Plant
Plant
Plant
Plant
Plant

Arbonne's Digestive Herbal Complex

Ginger
Peppermint
Chamomile
Fennel
Hawthorn

Ginger Root
Peppermint Leaf
Chamomile Flower
Fennel Seed
Hawthorn Fruit

Supplement Facts
2 tablets contain:

	AMOUNT	% DAILY VALUE
Arbonne's Essential Enzyme Blend™	790 mg	**
Protease		**
Peptidase		**
Amylase		**
Lipase		**
Lactase		**
Cellulase		**
Hemicellulase		**
Alpha-galactosidase		**
Glucoamylase		**
Pectinase		**
Invertase		**
Malt Diastase		**
Phytase		**

AMOUNT % DAILY VALUE

Arbonne's Digestive Herbal Complex	250 mg	**
Ginger		**
Chamomile		**
Fennel		**
Peppermint		**
Hawthorn		**

** Daily Value not established

HERB FUNCTIONS:

Ginger – Helps with indigestion.¹

Peppermint – Used to treat indigestion, contains carminative essential oils, which help to relieve flatulence or gas.²

Fennel – A stomach intestinal remedy.²

Chamomile – Supports many gastrointestinal complaints, including indigestion.¹

Hawthorn – Especially useful in treating heart fatigue, improving blood circulation and maintaining a regular heartbeat.¹

REFERENCES:

1. The Green Pharmacy, J. Duke, Ph.D.

2. The New Holistic Herbal, Hoffmann, D.

People with known medical conditions should consult with a physician prior to taking supplements.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Arbonne Smart Nutritional Hybrids™ Calcium Tablet

NOT-50-BASIC(S)

BEYOND BASICS

ANTI-AGING

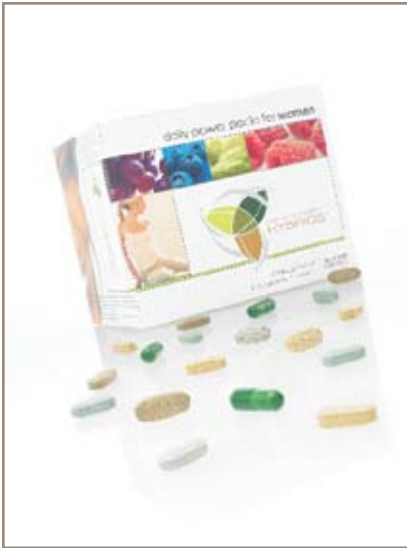
BABY

BALANCE

AROMATHERAPY

ABOUT FACE COLOR

WEIGHT LOSS & NUTRITION



For critical bone support, Arbonne's calcium tablets combines essential minerals found in Arbonne Criti-Calcium Blend™ with other herbs and nutrients to support healthy bone tissue*.

WHEN TO USE:

Take in the morning with the rest of the supplements in the a.m. Power Pack, and again in the evening with the other supplements in your p.m. Power Pack.

DIRECTIONS:

As a dietary supplement, take a.m. Power Packet in the morning with 8 ounces of water. Take the p.m. Power Pack in the evening with 8 ounces of water.

SUPPLEMENT	SOURCE
Calcium	carbonate, citrate, glycinate
Magnesium	oxide, citrate, glycinate, aspartate
Cissus Quadrangularis	cissus stems & rootlets
Natural Hops Extract	hops fruit extract
Sodium copper chlorophyllin	mulberry tree leaves
Vitamin D	ergocalciferol
N-Acetyl-L-Cysteine	n-acetyl-l-cysteine

Supplement Facts
4 tablets contain:

	AMOUNT	% DAILY VALUE
Arbonne's Critical-Calcium Blend™	1160 mg	60
Calcium carbonate		**
Calcium citrate		**
Calcium glycinate		**
Magnesium	1000 mg	126
Magnesium oxide		**
Magnesium citrate		**
Magnesium glycinate		**
Magnesium aspartate		**
Cissus	20 mg	**
N-Acetyl-L-Cysteine	100 mg	**
Vitamin D	200 IU	50
Natural Hops Extract	40 mg	**
Copper	1.4 mg	70

**Daily Value not established

HERB FUNCTIONS:

Cissus Quadrangularis - Unique herb associated with improved bone mineral density.¹
Hops- Has been used to treat anxiety and insomnia, general restorative during and after menopause.²

REFERENCES:

1. Current Science, 2005, Vol. 89:10, Various Authors
2. Prescription for Herbal Healing, Phyllis A. Balch, CNC

People with known medical conditions should consult with a physician prior to taking supplements.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.